

**NATIONAL SERVICE SCHEME
TECHNICAL CELL**

Yearly Report

**Sahrdaya College of Engineering and
Technology,
Kodakara**

Unit number:589

June 2020- July 2021

1. Environment Day

HIGHLIGHTS

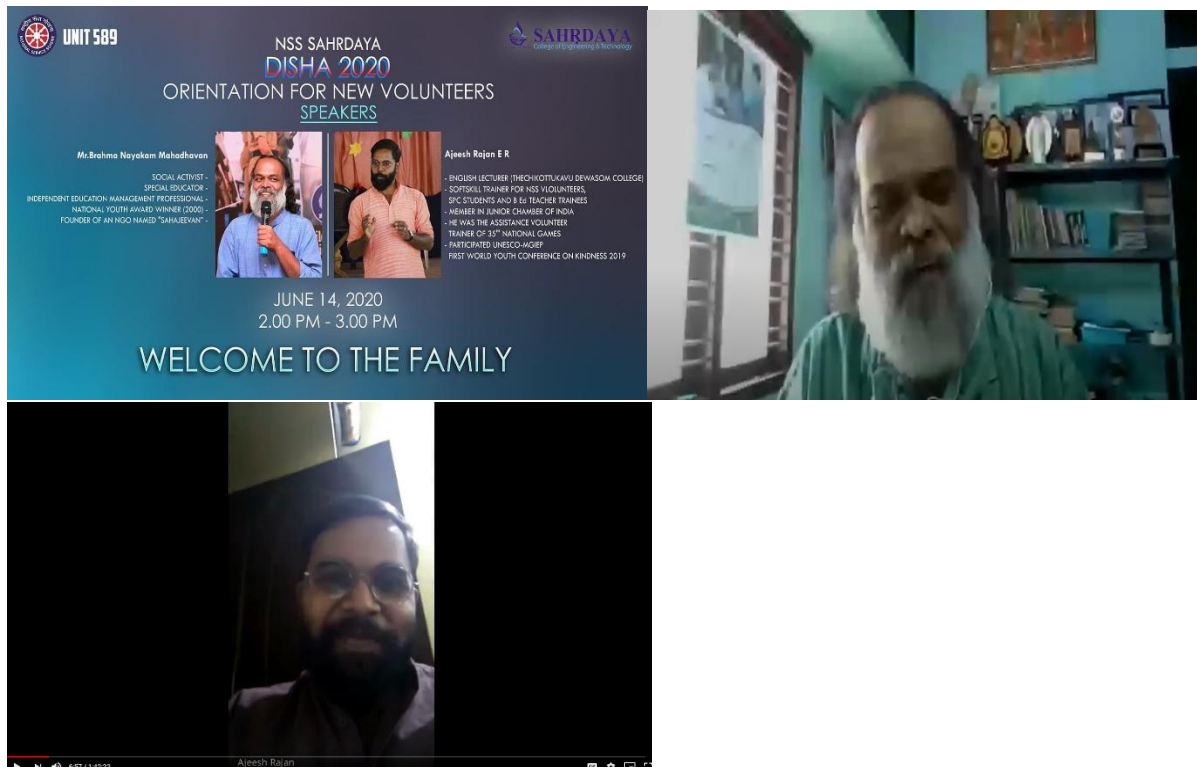
As a part of environment day on June 5, 2020 the NSS volunteers of Sahrdaya College Of Engineering and Technology took an active participation in planting trees and showing their concern towards nature. The activities related to this started since the commencement of lockdown period. This included planting of various kind of plants. They also took part in creating a vegetable garden in their own house. Thus the volunteers proved that the environment day is not that to be finished in just a single day, but it's to be practiced for the entire life time of each individual. The NSS volunteers are also practicing gardening in college by maintaining a vegetable garden. Every day evening time after class is spent for the maintenance of the same.



2. Disha

HIGHLIGHTS

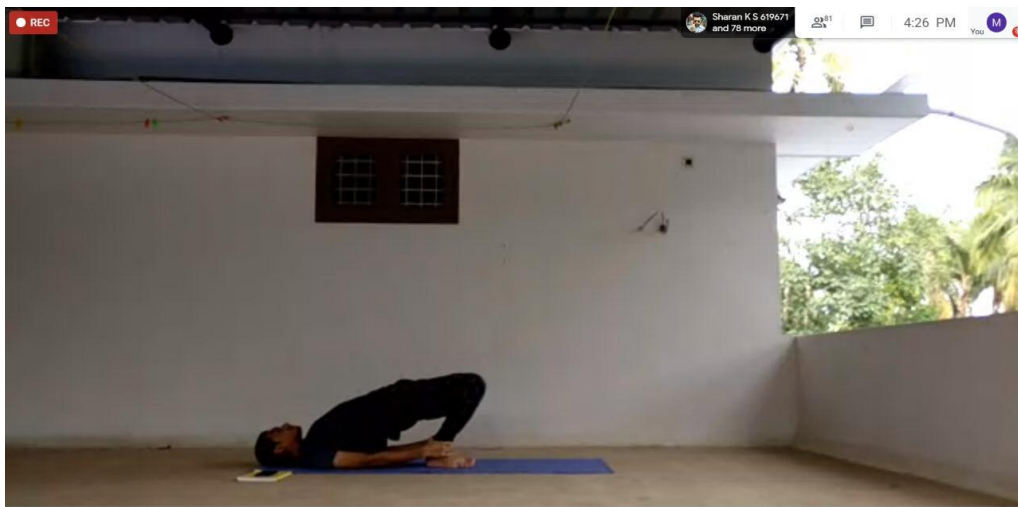
The NSS unit of Sahrdaya College conducted an orientation for the newly selected volunteers for the unit 589, on **14th June, 2020**. **Sri Bramhmanayan Mahadevan** sir attended the session, and talked to the volunteers regarding the current situation. **Mr. Ajeesh** also attended the meeting. He is a soft skill trainer for NSS volunteers. The orientation was conducted online and concluded by felicitation by the program officer, **Mr. Vijay C U**.



4. Yoga day

HIGHLIGHTS

In connection with the **International Yoga Day on 21st of June**, the NSS unit of Sahrdaya College of Engineering and Technology, had conducted a **online yoga session on 20th June, 2020**, for the second NSS volunteers and for the newly selected volunteers of the unit. The session was headed by the Program officer, **Mr. Vijay C U. Mr. Krishnadas** was also present throughout the program. The importance of yoga, its benefits, and its acceptance across the globe was discussed, along with the basic asanas, pranayamas.



5. Webinar on Novel Corona Virus

HIGHLIGHTS

NSS unit of Sahrdaya College of Engineering and Technology conducted a webinar on the topic Novel corona virus, preventive and response measures in current scenario. The webinar was led by Dr. Nivil, NSS program officer and assistant professor of department of anatomy in Vishnu Ayurveda College Shoranur. The meeting covered the basic steps that a citizen should take to increase his/her chances of prevention. The methods and suggestions given were considering the situations prevailing. The traditional methods of improving a person's immunity was also included in the discussion which ended with an interactive session with the participants.



UNIT 589

SAHRDAYA
College of Engineering & Technology

WEBINAR

NOVEL CORONA VIRUS -
PREVENTIVE & RESPONSE MEASURES IN CURRENT SCENARIO

SPEAKER

Dr Nivil K P MD(Ay)
NSS Programme Officer
Assistant Professor
Department of Anatomy
Vishnu Ayurveda College, Shoranur

DATE: 30.06.2020
2.00PM - 3.00PM

REGISTER HERE
bit.ly/covidwebinarNSS

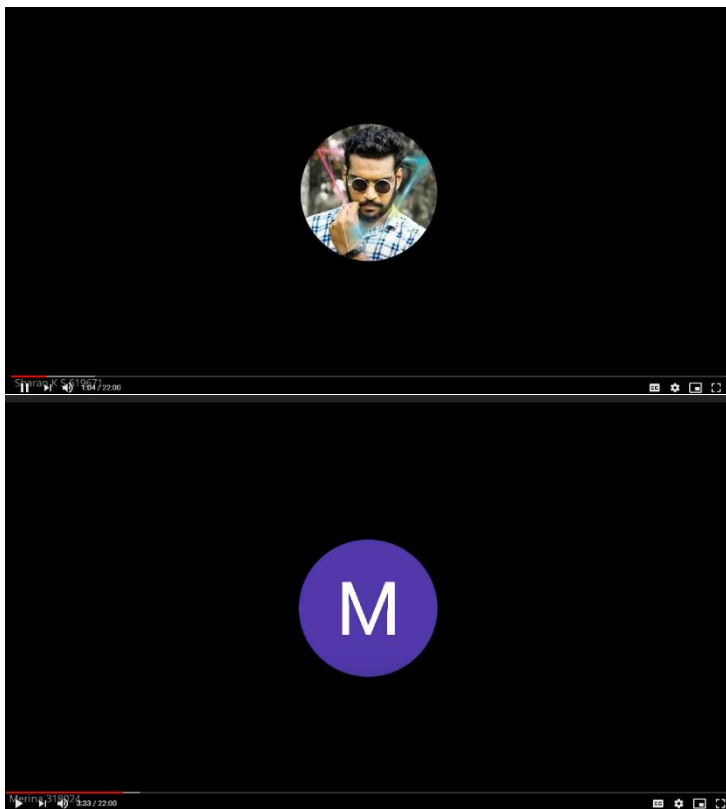
OR SCAN HERE



6. Executive Board Selection

HIGHLIGHTS

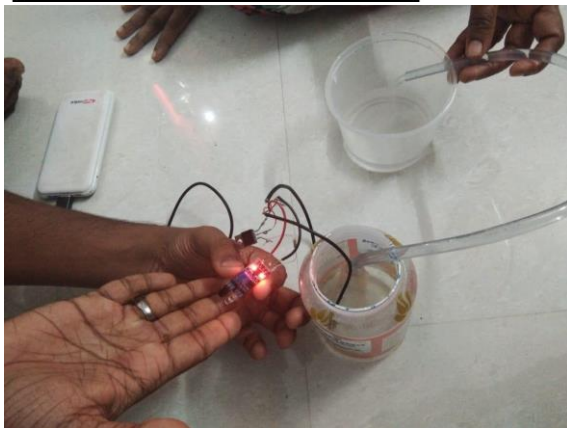
The NSS unit 589 of Sahrdaya collage of engineering and technology had conducted an online meeting for the 1st year NSS volunteers on 5th of July, 2020. The main agenda of the meeting was to divide the newly joined volunteers into different groups for the smooth functioning of the NSS activities .The intended groups were poster, report making, idea, program committee, publicity, Notice board etc. All the volunteers came forward by opting out their own desired work areas. There was an active participation from all the volunteers which resulted to end the meeting successfully.



7. Automatic Hand Sanitizer

HIGHLIGHTS

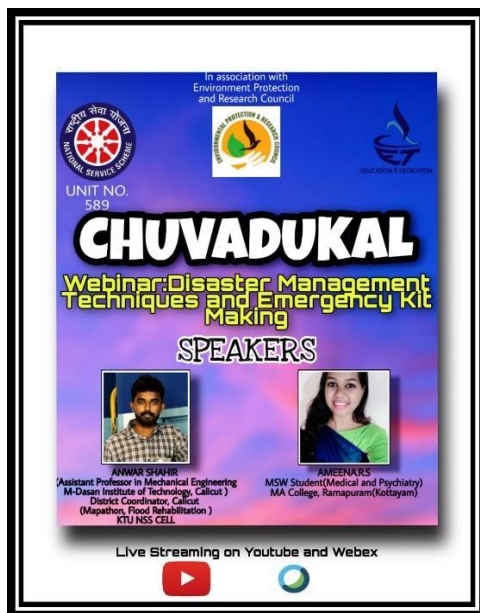
We the NSS unit of Sahrdaya College of Engineering and Technology made six automated hand sanitizers that use the IR sensor technology to detect the presence of our hands and output the sanitizing liquid. Our volunteers made these at their homes and it was collected later by our unit. The sanitizers were made to be distributed to our adopted panchayat.



8. 'Chuvadukal' a webinar

HIGHLIGHTS

The NSS unit 589, Sahrdaya College of Engineering and Technology, Kodakara had conducted an online webinar "Chuvadukal" in association with Environment Protection and Research Community (EPRC) on 25th July 2020. The main topic of the webinar was Disaster Management Techniques and Emergency flood kit. The session was inaugurated by Dr. R Padmakumar (Associate Professor, Department of Civil Engg., CET, and TVM) and the speakers were Ms. Ameena R S (MSW Student - Medical and Psychiatry), Mr Anwar Shahir (Asst Professor, Mechanical Engineering, M Dasan institute of Technology, Calicut and Calicut District Coordinator) and Adarsh Sir. The webinar was also attended by the Principal, Sahrdaya College of Engg and Technology, Dr Nixon Kuruvila, Rev. Fr. George Pareman (Executive Director, SCET Kodakara) and NSS Programme Officer Vijay C U (SCET Kodakara). Active participation by the volunteers as well as by the participants was seen through out the session. The webinar was completed in two sessions, and doubt clearing was also done. The webinar was completed successfully and in time.



The image shows a Zoom meeting grid. The top-left tile displays a slide titled "PHYSICAL IMPACT" with a list of bullet points: "Loss of human & animals", "Injury & infections", "Epidemic diseases", "Sanitation issues", "Animal bite injury", "Infrastructural damages", "Poor hygiene", "Misortage", and "Malnutrition". The top-right tile shows a participant named "ameena". The bottom-left tile shows a participant named "Sahrdaya Engineering College (host)" with a logo containing the letters "SC". The bottom-right tile shows a participant named "Anna Roy".



Live chat ⌵ ✕
Top chat 👤 71

- 👤 10:55 AM Angel Rose Chakkiaith 589 NSS SAHRDAYA
- 📺 Welcome to live chat! Remember to guard your privacy and abide by our community guidelines.
[LEARN MORE](#)
- 👤 10:57 AM DELSHA DAVIS How to reduce psychological stress developed through the disaster or how to improve the mental health of people s of effected area?
- 👤 10:57 AM Alwin Shaji mrrng
- 👤 10:58 AM Catherine Sunny which impact of disaster cause a major negative effect on humans?(physical,psychological,economical....)

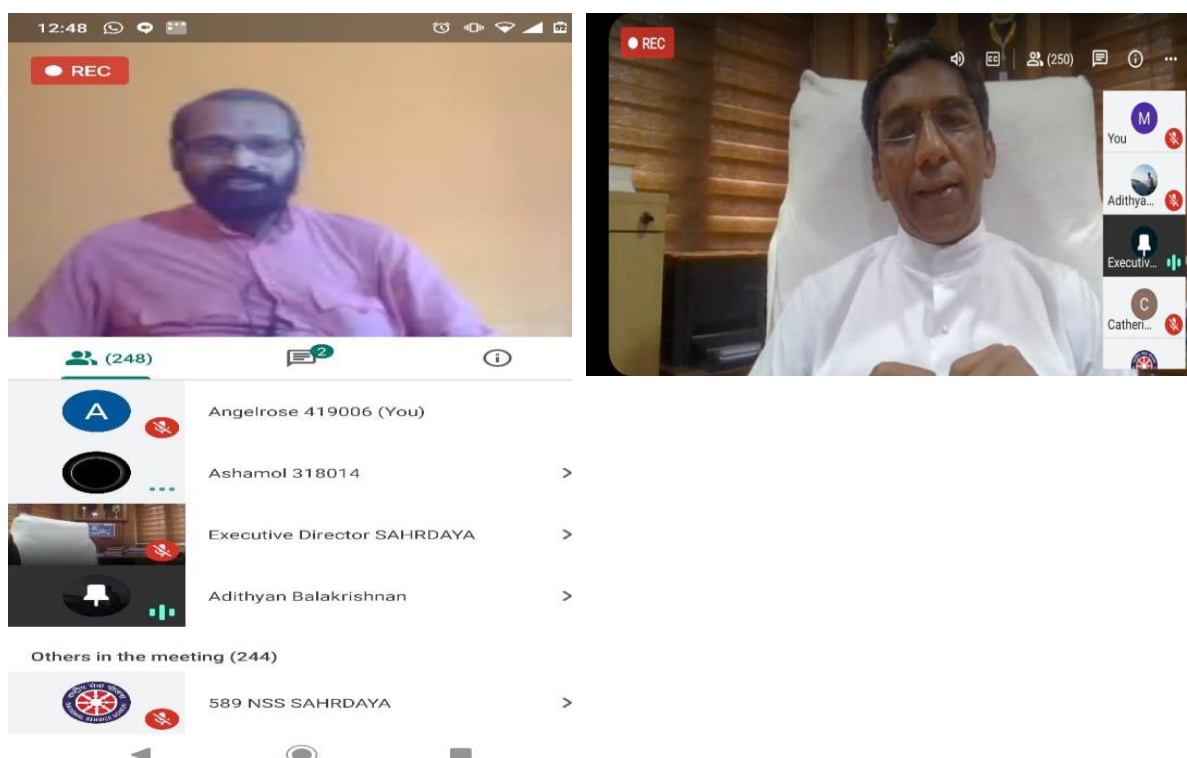
9. Jwalanam a webinar series

HIGHLIGHTS

The NSS unit of Sahrdaya College Of Engineering and Technology conducted a series of webinars on occasion of Nagasaki Day(9th August, 2020), International Youth Day(12th August, 2020), and Independence Day (15th August, 2020)in collaboration with International Human Rights Association(IHRA).

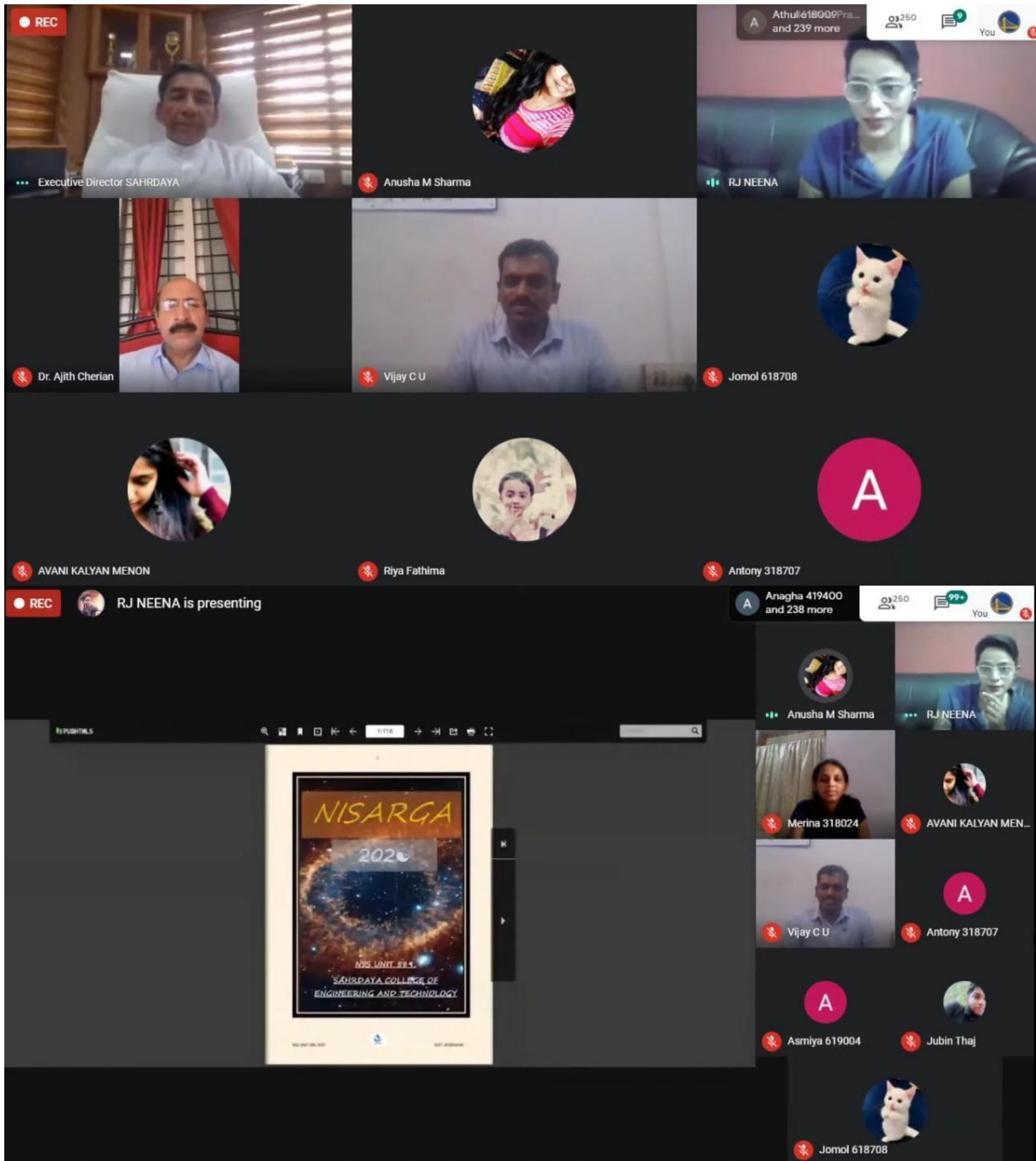
- **NAGASAKI DAY**

The series was inaugurated officially on 9th August, 2020 by Rev Fr. George Pareman, Executive Director, SCET and session was conducted by Sri R. B. Balakrishnan Sir, Ex. Associate Professor, SNDP College, Ezhikkara. The topic was “Covid-19 and change in attitudes of Society”. The participants were active throughout the session. The main discussion was about the importance of rules and regulations that we are following in our society.



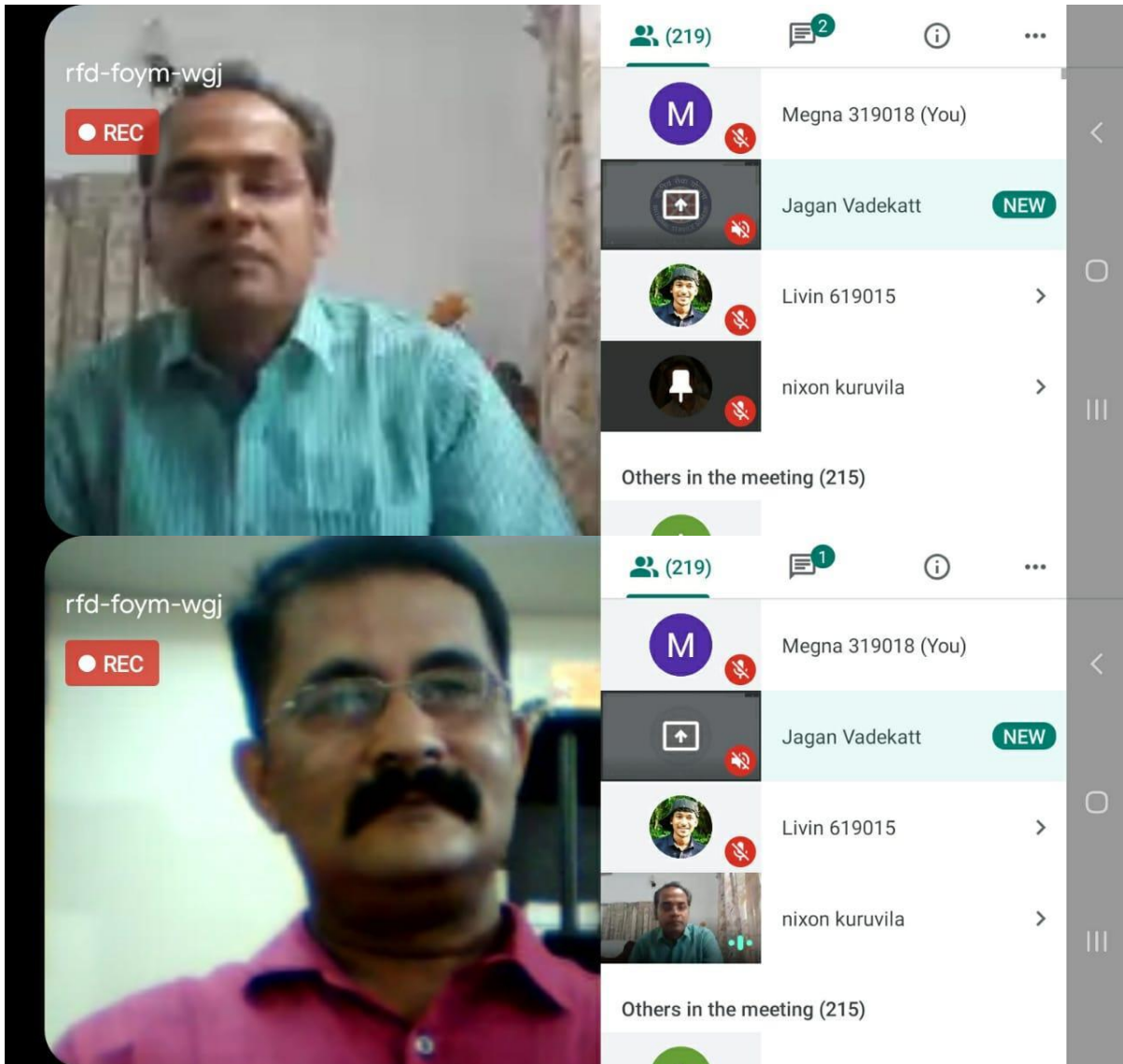
- INTERNATIONAL YOUTH DAY

On 12th August, 2020, the NSS unit conducted the second webinar on topic "YOUTH ENGAGEMENT FOR GLOBAL ACTION" in the afternoon session. The speaker for this programme was RJ NEENA. She is a social worker, and works with various organizations for betterment of society. She talked about positivity and encouraged the volunteers to work for the society. The Official NSS Nisarga-2020 was also released by her.



- **INDEPENDENCE DAY**

On 15th August, Independence Day, the unit conducted the third webinar of the series on the topic "Impact of Covid-19 on National Defence. Rev. Fr. George Paramen, Ex. Director welcomed everyone to the session. The speaker for the session was Sri K. Rajagopal, Ex Air Force Officer. Principal, SCET, Dr. Nixon Kuruvila was also present throughout the session.



10. Onam Celebration Day

HIGHLIGHTS

We the NSS unit of Sahrdaya conducted a meet up of all Kerala NSS volunteers in connection with NSS day together with NOVA (NSS Old Volunteers Association) on 26th of September. The meeting was presided over by my NOVA members who shared their life long experiences with NSS. The meeting also included the family members of all Ex and present NSS volunteers. The meeting was conducted through Google meet and also live streamed through our official YouTube channel.

In association with
NOVA

SAHRDAYA
College of Engineering & Technology

UNIT NO.
589

NSS Sahrdaya presents

Sangamam

An Experience Sharing
session
on
26/09/2020
from
3pm to 7pm

We invite all the NSS
Volunteers,
Ex-Volunteers and their
Family members to this
event!

LIVE AT

CONTACT US:
PROGRAM OFFICER
VIJAY C.U - 95445 45969

VOLUNTEER SECRETARIES
SHARAN - 8848489683
MERINA - 85902 27089

11. Gandhi Jayanti

HIGHLIGHTS

NSS unit no.589 of Sahrdaya College of engineering and technology, Kodakara conducted a campaign for planting hundred saplings as part of Gandhi Jayanti on 2nd October 2020. The event was conducted online through Google meet platform, where each volunteer planted one sapling in their respective homes. Executive Director, SCET, Rev. Fr. George Paremen, Program officer Vijay C U also attended the event. There was an active participation from the volunteers and the meeting was conducted successfully with 100 saplings planted. The social campaign named 'beGandhianforaday' is live on social platforms from 30th of September to 7th of October in connection with Gandhi Jayanti. The public can be a part by planting saplings in their surroundings and posting those pictures with name of the challenge.

In connection with
GANDHI JAYANTI

SAHRDAYA
College of Engineering & Technology

UNIT NO.
589

NSS Sahrdaya presents

#beGandhianforaday
CHALLENGE

PERIOD OF CHALLENGE
SEP 30 - OCT 07

INSTRUCTIONS

1. Plant a Sapling
2. Take a picture with the plant
3. Post the picture with hashtag #beGandhianforaday in any of our social accounts

Anyone can participate!

Also join us on Oct 02 on mass planting of 100 plants with our NSS volunteers

CONTACT US:
PROGRAM OFFICER
VIJAY C U - 95445 43369

VOLUNTEER SOCIETY/MS
SHARAN - 95484 88853
KORALA - 95882 21043

@nss.sahrdaya
nss.sahrdaya.589



12. World Mental Health Day webinar

HIGHLIGHTS

We the NSS unit of Sahrdaya organised a webinar on the topic Promotion of Mental Health and well-being among young adults. The session was conducted by Fr. Binny Joseph (Consultant clinical psychologist), HOD of Dept. of Psychology of Mount Carmel College of Arts and Science, Kothamangalam. The session focused on the importance of mental health of young minds. It was an interactive session and public and the volunteers benefitted from it.



The poster is set against a background of a blue sky with white clouds. At the top left is the logo of the National Service Scheme (NSS) with the text 'राष्ट्रीय सेवा योजना' and 'NATIONAL SERVICE SCHEME'. To its right, it says 'In connection with WORLD MENTAL HEALTH DAY'. At the top right is the logo of Sahrdaya with the text 'EDUCATION IS DEDICATION'. Below these, it says 'UNIT NO. 589' and 'NSS Sahrdaya presents'. The main title is 'PROMOTION OF MENTAL HEALTH & WELL-BEING AMONG YOUNG ADULTS' in large, bold, black letters. Below the title, the time and date are given in yellow: 'TIME : 11AM - 12PM ON 10/10/2020'. Underneath, the word 'SPEAKER' is written in bold white letters. To the left of the speaker's name is a small portrait of Fr. Binny Joseph. To the right, his name and title are listed: 'Fr. BINNY JOSEPH (Consultant Clinical Psychologist) HoD, Department of Psychology Mount Carmel College of Arts and Science, Kothamangalam.' Below this, the text 'All can participate' is written in a white cursive font, followed by 'E certificates will be provided for participation' in a yellow cursive font. At the bottom left, contact information is provided: 'CONTACT US: PROGRAM OFFICER VIJAY C.U - 95445 45369 VOLUNTEER SECRETARIES SHARAN - 8848489688 MERINA - 85802 27089'. At the bottom right, it says 'Registration closes at 9AM on 10/10/2020' and there are icons for YouTube and WhatsApp.

In connection with
WORLD MENTAL HEALTH DAY

EDUCATION IS DEDICATION

UNIT NO.
589

NSS Sahrdaya presents

**PROMOTION OF MENTAL HEALTH &
WELL-BEING AMONG YOUNG ADULTS**

**TIME : 11AM - 12PM
ON 10/10/2020**

SPEAKER



**Fr. BINNY JOSEPH (Consultant Clinical Psychologist)
HoD, Department of Psychology
Mount Carmel College of Arts and Science,
Kothamangalam.**

All can participate
*E certificates will be provided for
participation*

CONTACT US:
PROGRAM OFFICER
VIJAY C.U - 95445 45369
VOLUNTEER SECRETARIES
SHARAN - 8848489688
MERINA - 85802 27089

Registration closes at
9AM on 10/10/2020

13. UNARVU

HIGHLIGHTS

Day 1

NSS unit of Sahrdaya College of Engineering and Technology had conducted a 3 day virtual camp for the volunteers from 24th to 26th October, 2020. The session started with one hour yoga at 7:00am. The session was conducted by Vijay sir- Programme officer SCET- along with the cooperation of NSS volunteers. All were very active throughout, and the session ended by 8.00am. In the forenoon session, the inaugural ceremony was arranged. The session was inaugurated by Fr. Joby Menoth-Media Director SCET, with an inaugural address, followed by an interactive class by Ajeesh Rajan sir. It was informative and interactive session that shared more ideas regarding the NSS camp and different qualities we should have as an NSS volunteer. The session was coordinated by Vijay sir (Programme officer,SCET) along with the active participation of NSS volunteers.The session end up by 11:00am with the vote of thanks.Then by 4.00pm we had started our cultural program with the presence of our program officer Vijay sir. Further programmes were coordinated by group no.1, 2&3. Each group took 20 minutes for their activities and by 5.00pm we were concluded our cultural. As usual the programs was very interesting. Then directly we entered to camp evaluation. One member from each group shared their views about today's activities and by 5.30 we concluded our 1st day virtual camp.

Day 2

The unit again conducted one hour yoga session in association with the 3 day virtual camp on 25/10/20 at 7:00am. The session was initiated by Vijay sir (Programme officer SCET) along with the coordination of NSS volunteers. All were very active throughout and the session get dispersed by 8:00am.At 10 Am we had organized a session by Mrs. Jisha Davis- Asst. Librarian, SCET, Kodakara. It was a very good session and the madam explain the importance of reading and about the library visit. Madam had some network problem then our program officer Vijay sir continued the class. It was really a very good interactive section and the volunteers understood the values of reading. The session end up by 11.00 am with the vote of thanks. We started our cultural programme by 4 pm. The programme was coordinated by group no. 4, 5, 6 (Notice board, Ideation, Poster) in presence of programme officer Vijay sir. Each group was allotted 20 minutes and by 5 we concluded our cultural events. At 5 we conducted our camp evaluation. One member from each group shared their views about today's activities and by 5.30 we concluded our 2nd day virtual camp.

Day 3

The NSS unit 589, Sahrdaya College of Engineering and Technology, Kodakara had conducted a one hour yoga session in association with the 3 day virtual camp "UNARVU 2020" on 26/10/20 at 7:30am. The session was initiated by Vijay sir (Programme officer

SCET) along with the coordination of NSS volunteers. All were very active throughout and the session got dispersed at 8:30 AM. At 10:00 AM we organised the inaugural ceremony of Mask Vending Machine and Automatic Hand Sanitizer Dispenser. This was inaugurated by Rev. Fr GEORGE PAREMAN (Exec. Director SCET, Kodakara) with the inaugural address, followed by Dr. Nixon Kuruvila (Principal, SCET), Vijay Sir (Programme officer) and Jibin Sir. This culminated with an informative session by our former volunteer secretaries: Ms. Neena T. K and Mr. Gautham T. Ajit (2017 - 2019 NSS batch), where they summarized the responsibilities of an NSS volunteer.



14. Webinar on Life and Success

HIGHLIGHTS

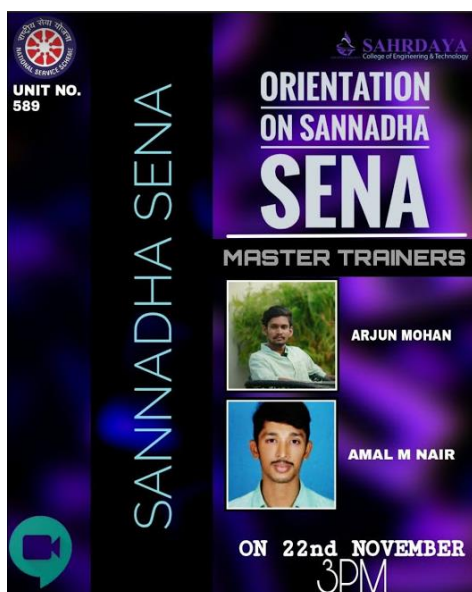
On 14th November 2020, we had conducted a webinar on the topic life and success. The talk was given by Mr. Havinash, junior manager at KSCSC. The session was about 1 hour. The webinar was conducted in google meet platform.



15. Orientation on sannadhasena

HIGHLIGHTS

On 22nd november 2020, we had conducted orientation on SANNADHASENA for all NSS volunteers. The session started from 3 PM and lasted about an hour. The welcome speech was given by NSS volunteer Jyothika kj. The speakers were Arjun Mohan and Amal Nair from SCMS College of Engineering And Thejus Engineering College respectively. Finally vote of thanks was given by nss volunteer sreelakshmi kj.




16. Webinar on Indian Constitution & Fundamental Rights

HIGHLIGHTS

We the NSS unit of Sahrdaya conducted a webinar on the topic “Indian Constitution and Fundamental Rights” in connection with National Constitution day led by Dr. Bejoy M.S. Raj, vice president of Trivandrum YMCA and former HOD of CSI Institute of legal studies Trivandrum.

The session was very informative and looked deep into the importance of constitution and the challenges it faces in the current scenario. The session concluded with a Q&A session which was very lively.



The poster is for a webinar titled "INDIAN CONSTITUTION AND FUNDAMENTAL RIGHTS" presented by NSS SAHRDAYA. It features a portrait of Dr. Bejoy M.S. Raj, Vice President of Trivandrum YMCA and former HOD of CSI Institute of Legal Studies, Trivandrum. The event is scheduled for 29/11/2020 at 5 PM. Logos for the National Service Scheme (NSS) and Sahrdaya College of Engineering & Technology are also present.

UNIT NO. 589

SAHRDAYA
College of Engineering & Technology

NSS SAHRDAYA
presents
a WEBINAR on the topic

**INDIAN CONSTITUTION AND
FUNDAMENTAL RIGHTS**

led by

Dr. BEJOY M.S. RAJ
Vice President,
Trivandrum YMCA
&
Former HOD
CSI Institute of Legal
Studies, Trivandrum.

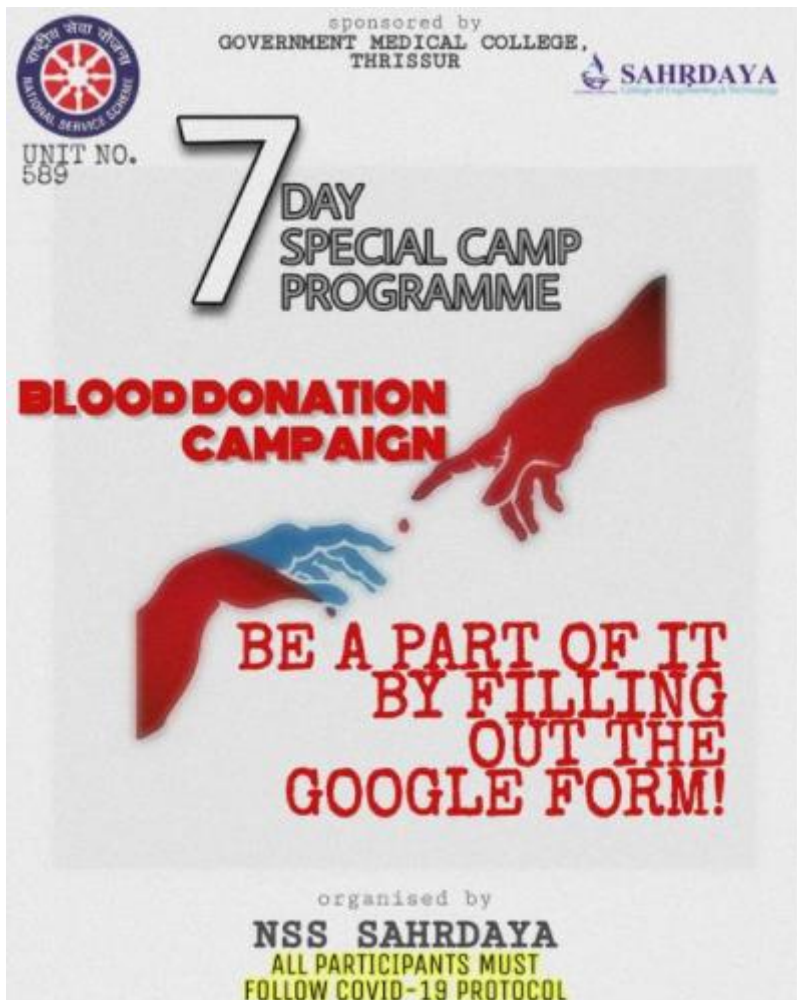
ON 29/11/2020 AT 5 PM

17. 7 Day Special Camp : Oruma

HIGHLIGHTS

Theme: Youth for prevention and mitigation of Covid 19

The NSS unit of Sahrdaya college of Engineering and Technology has organized a 7 day camp 'ORUMA 2021' with the theme 'Youth for prevention and mitigation of Covid 19'. The camp was conducted in the online platform google meet from 10th January till 16th January under the guidance of the program officer Mr. Vijay C U. The main project of this year is selected as Rudrasena project.



Day 1 (10/01/2021)

The day started with the NSS manavageetham. The instruction for the volunteers about the camp was explained. Group leaders and magazine editor was selected under the guidance of Vijay sir and volunteer secretary Merina Thomas. Each groups were assigned with their daily duties.

Day 2 (11/01/2021)

The second day of the camp started at 7:30 with the manavageetham. During the assembly Mr Akhil sir, professor Sahrdaya College addressed the volunteers. The yoga session was conducted by Vijay sir. The inaugural ceremony was started by 10 am. The camp was inaugurated by Sri PK Davis master, District panchayath president. Presidential address was given by Fr George Pareman, ex director SCET Kodakara.

Keynote address was given by Sri Ambily Soman, Kodakara panchayath president. Dr Nixon Kuruvila and Sajith vilambil, felicitated the gathering.

Dr Sajith Vilambil, Thrissur nodal delivered a talk on voluntary blood donation. At 3 pm the skill orientation session was conducted by Ajeesh Rajan E R (English Lecturer, Thechikottukavu Dewasom College). The cultural programs were conducted by the poster committee and the chief guest during the event was Mr Manalur Gopinadh and Bibin sir. The second day of camp was concluded with the camp evaluation.

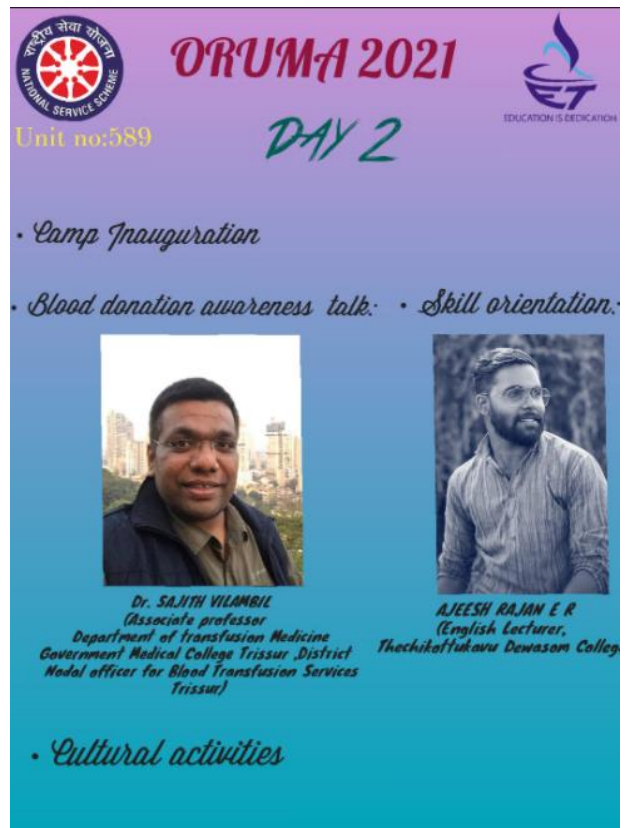
Day 3 (12/01/2021)

The third day of the started at 7:30 with the manavageetham. During the assembly Mr. Deepak sir, professor Sahrdaya College addressed the volunteers. The yoga session was conducted by Vijay sir. At 10 am as a part of sramadhan project the volunteers made masks and sanitiser.

At 3 pm Dr. Sajith Vilambil, District Nodal officer for Blood Transfusion Services Thrissur explained about blood donation during the pandemic. The cultural programs were conducted by the documentation committee. The third day of camp was concluded with the camp evaluation.

Day 4(13/01/2021)

The fourth day of the started at 7:30 with the manavageetham. During the assembly Mrs. Sugana mam, professor Sahrdaya College addressed the volunteers. The yoga session was conducted by Vijay sir. At 10 am as a part of sramadhan project the volunteers cleaned their houses and neighborhood and planted a sapling. At 3pm skill development workshop was conducted by Ameena R, psychiatric social worker.



The poster for ORUMA 2021 DAY 2 features a purple and blue gradient background. At the top left is the logo of the National Service Scheme (NSS) with the motto 'एकसेवा नोवा ओपेयम्' and 'NATIONAL SERVICE SHEME'. To its right is the text 'ORUMA 2021' in red and 'DAY 2' in green. Further right is the logo of the organization with the motto 'EDUCATION IS DEDICATION'. Below the NSS logo is 'Unit no:589'. The main content lists activities: 'Camp Inauguration', 'Blood donation awareness talk:', and 'Skill orientation:'. Two portraits are shown: Dr. Sajith Vilambil, an Associate Professor in the Department of Transfusion Medicine at Government Medical College Trissur, and Ajeesh Rajan E R, an English Lecturer at Thechikattukavu Dawasom College. At the bottom, it lists 'Cultural activities'.

The cultural programs were conducted at 7 pm by the program committee. The chief guest was Sri Athulya Martin, former student of SCET. The fourth day of camp was concluded with the camp evaluation.

Day 5 (14/01/2021)

The fifth day of the started at 7:30 with the manavageetham. The yoga session was conducted by Vijay sir. At 10 am as a part of sramadan project volunteers did the field survey almost 417 reports were taken. After the field survey Mr Joy Varghese addressed the volunteers.

At 3pm skill development workshop was conducted by Ameena R, psychiatric social worker. The cultural programs were conducted by media committee. The fifth day of camp was concluded with the camp evaluation.

Day 6 (15/01/2021)

The sixth day of the started at 7:30 with the manavageetham. The yoga session was conducted by Vijay sir. At 10 pm volunteers read the camp report, survey report.

The cultural programs were conducted at 7 pm. The parents also accompanied the volunteers for the program. Sri Vipin Krishna sir, NSS regional coordinator addressed the volunteers. Elwin and Jisa was selected as the volunteer



The poster for ORUMA 2021 DAY 5 features a circular logo on the top left with the text 'UNIT NO: 589'. The main title 'ORUMA 2021' is in large, stylized orange and yellow letters, with 'DAY 5' below it in red. On the top right is a logo with a flame and the text 'EDUCATION IS DEDICATION'. A list of activities is shown in the center: '• Assembly', '• Field survey (offline)', '• Youth skill development workshop', and '• Cultural programmes'. On the right side is a portrait of Ameena R S, a woman with glasses wearing a red top. Below her name is the text '(psychiatric social worker, skill development)'.

secretaries. The sixth day of camp was concluded with the camp evaluation.

Day 7(16/01/2021)

The seventh day of the started at 7:30 with the manavageetham. The ideation committee conducted the cultural programs. At 10 am the valedictory session started by manavageetham. Sreema M delivered the welcome speech. Presidential address was given by Fr George Pareman, ex director of SCET. Keynote address was given by Dr Ajith Cheriyan, vice principal of SCET. The chief guest was Neethi S Pillai, KTU NSS blood cell state level coordinator.



The magazine made by the volunteers were published by sri Keerthana Anil, cine actress alumni of SCET. The gratitude journal was published by Sri Jasmine, Assi. Professor SCET and felicitated the meeting. Volunteers Elwin and Nandhgopal gave the feedback about the camp. The vote of thanks was delivered by NSS volunteer Angel Rose NS.

As the part of the main project Rudrasena of camp ORUMA 2021 the NSS volunteers donated 50 units of blood under the guidance of Neethi S Pillai. The program officer Vijay CU sir, Jasmine mam, volunteer secretaries Sharan K S and Merina S Thomas, program coordinator Lakshmi Nair expressed their gratitude.

The 7 day camp was officially concluded.

18. Webinar “folk remedies for backyard farming”

HIGHLIGHTS

In connection with 72nd republic day the NSS unit 589 of Sahrdaya College of Engineering and Technology had conducted flag hoisting ceremony and also a webinar on the topic “Folk remedies for backyard farming” on 26th January 2021 at 9:30 am to 11 am .Platform of the webinar was Gmeet and live streaming through YouTube. The flag hoisting was at 9 am by Dr Nixon kuruvila, Principal SCET Kodakara .

ON THE OCCASION OF
REPUBLIC DAY

UNIT NO.
589

NSS Sahrdaya Presents

**പുരയിടകൃഷിയിലെ
നാട്ടറിവുകൾ**

വി. കെ. ശ്രീധരൻ
സെക്രട്ടറി, INSPIRE INDIA
RETD. പഞ്ചായത്ത് സെക്രട്ടറി
എക്സിക്യൂട്ടീവ് മെമ്പർ
നാട്ടറിവ് പഠന കേന്ദ്രം, തൃശൂർ

JOIN US ON

ON 26/01/2021
TIME 9:30-10:30

[HTTPS://MEET.GOOGLE.COM/MFK-BFSA-HPJ](https://meet.google.com/MFK-BFSA-HPJ)

19. OSM (Open Street Mapping)

HIGHLIGHTS

NSS unit no 589 of Sahrdaya College of Engineering and Technology had conducted an OSM (Open Street Mapping) mass awareness program on 31st January 2021 at 2.00 PM through G meet. Mr. Melvin Varghese, district project manager, Thrissur delivered the keynote address for the program. Mr. Ratheesh .S, OSM mass awareness program convener also attended the session. The session was handled by Mr.Joel Thomas George, Mapathon Program Regional coordinator (Thrissur, Palakkad Region).



20. Webinar on social media and literature and introduction to Nirbhayam App

HIGHLIGHTS

NSS unit no 589 of Sahrdaya College of Engineering and Technology had conducted an webinar on social media and literature and Introduction to Nirbhayam app on 21th February 2021 through G meet. Mr.Jaison.I (Kodakara SI of police) and Jothilakshmi mam lead a session about Nirbhayam app. Mr.pauly pallipatt lead a session about social media and literature.

The poster features logos for the National Service Scheme (NSS), Janamaitri Police, Kerala Police, and Educational Society. The text reads: 'NSS Unit 589 In Association with Janamaitri Police Webinar on Social Media and Literature and Introduction to Nirbhayam App'. It includes a portrait of Mr. Pauly Pallipatt, Section Officer at Sahrdaya CET, and a QR code for the Nirbhayam app. The app is described as a women safety initiative by Kerala Police. The event is scheduled for February 21st at 10:00 AM.

NSS Unit 589
In Association with Janamaitri Police
Webinar on
Social Media and Literature
and
Introduction to Nirbhayam App

Mr Pauly Pallipatt
Section Officer
Sahrdaya CET
ആളിന്റെ കവർ

A women safety initiative
by Kerala Police

join us on 21st February
Time 10:00AM

21. ROAD SAFETY RALLY AND FLASH MOB

HIGHLIGHTS

The NSS unit, 589 of Sahrdaya college of Engineering and Technology had organised a road safety rally accompanied with a flash mob in coordination with Kodakara Janamaitri police at Kodakara junction on 1st March 2021. The session was inaugurated by CI, Basil Thomas (Kodakara police station), a presidential address was delivered by Rev. Fr. George Pareman (Executive Director SCET, Kodakara) and Felicitation was given by Dr. Nixon Kuruvilla (Principal SCET, Kodakara). The inaugural event ended up with the flag-off ceremony for the Road safety rally by CI, Basil Thomas (Kodakara police station).



22. WEBINAR ON FUNDAMENTAL ON CIVIL SERVICE EXAM

HIGHLIGHTS

The NSS unit, 589 of Sahrdaya college of Engineering and Technology had organised a webinar on topic based on fundamentals of civil service exams for civil service aspirants in collaboration with ASK IAS Academy based on trivandrum on 14 March 2021 at 2 - 3 pm through gmeet. The session were lead by Athira Academic Director of ASK IAS Academy.

The poster is for a webinar titled "webinar on FUNDAMENTALS OF CIVIL SERVICE EXAM". It is initiated by NSS Sahrdaya, Nss unit 589. The speaker is Athira, Academic Director of ASK IAS Academy. The webinar is scheduled for 14th March at 2.00pm and will be live streaming on YouTube and Google Meet.

Initiated by NSS Sahrdaya

Nss unit 589

webinar on
FUNDAMENTALS OF CIVIL SERVICE EXAM

Speaker

 Athira
Academic Director,
ASK IAS Academy

join us on 14th march
Time 2.00pm

live streaming on  

Google Meet

23. WEBINAR ON 'INTOXICATION AND LIFE'

HIGHLIGHTS

The NSS unit, 589 of Sahrdaya college of Engineering and Technology had conducted a webinar on the topic 'Intoxication and Life' in collaboration with Excise Department, Irinjalakuda on 21st March 2021 at 4:00pm. The session was handled by Mr.Raphael M.L (Preventive Officer,Excise Range Office, Irinjalakuda).

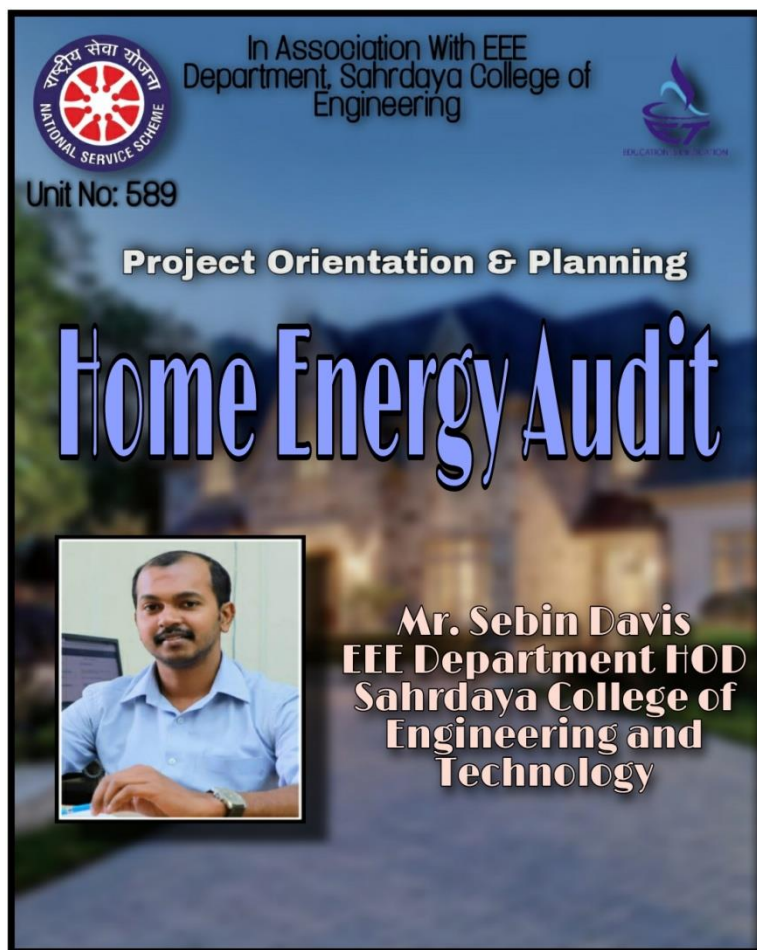


The poster is set against a blue sky with white clouds. At the top left is the NSS logo with the motto 'सर्वज्ञानं सेवा याचना' and 'NATIONAL SERVICE SCHEME'. Below it, 'Unit No. 589' is written. To the right, 'NSS Sahrdaya Presents' is written in a stylized font, followed by the NSS logo and 'EDUCATION THROUGH SERVICE'. The central text reads 'Webinar on' followed by the Malayalam title 'ജീവിതവും ലഹരിയും' in large, bold, black letters. Below the title, the date 'on 21-03-2021' and time 'Time : 4:00 pm' are displayed. A portrait of Raphael M.L. is shown on the left, with his name and title 'RAPHAEL M L PREVENTIVE OFFICER EXCISE RANGE OFFICER IRINJALAKUDA' to the right. At the bottom, the text 'live on' is written above the YouTube and Google Meet logos.

24. HOME ENERGY AUDIT (ORIENTATION CLASS)

HIGHLIGHTS

NSS unit no 589 of Sahrdaya College of Engineering and Technology had conducted an orientation class on NSS project Home Energy Audit on April 25, 2021 at 5.30 PM through Gmeet. The session was handled by Mr. Sebin Davis, EEE department HOD Sahrdaya college of engineering and technology.



The poster features a blue background with a blurred image of a building at night. In the top left corner is the National Service Scheme (NSS) logo, which includes the text 'राष्ट्रीय सेवा योजना' and 'NATIONAL SERVICE SCHEME'. To its right, it says 'In Association With EEE Department, Sahrdaya College of Engineering'. Further right is a logo for 'Sahrdaya College of Engineering'. Below the NSS logo, it reads 'Unit No: 589'. The main title 'Project Orientation & Planning' is in white, followed by 'Home Energy Audit' in large, stylized blue letters. At the bottom left is a portrait of Mr. Sebin Davis, a man with a mustache wearing a light blue shirt. To his right, his name and title are listed: 'Mr. Sebin Davis, EEE Department HOD, Sahrdaya College of Engineering and Technology'.

25. WEBINAR ON “ENVIRONMENT AND COVID”

HIGHLIGHTS

The NSS unit 589 of Sahrdaya College of Engineering and Technology, Kodakara organised a webinar on the topic “Environment and Covid” on 28th may 2021 from 4pm-5pm through Gmeet platform. The session was inaugurated by Dr.Ambili Mechoor(HOD Biotechnology Dept., SCET Kodakara). The key speaker for the day was Dr. A K Manoj (District geologist ,Dept. of Mining and Geology, District office Alappuzha).



NSS Sahrdaya
Presents

Unit No. 589

Webinar on
**പരിസ്ഥിതിയും
കോവിഡും**

Dr. A. K. Manoj
District Geologist,
Dept. Of Mining and
Geology, District office
Alappuzha

on 28-5-21
Time:4.00pm

Google Meet

26. WEBINAR ON “POST COVID FUNGAL INFECTION”

HIGHLIGHTS

The NSS unit 589 of Sahrdaya College Of Engineering and Technology, Kodakara organized a webinar on the topic “Post Covid fungal infection” on 29th may 2021 from 7pm. The session was inaugurated by Rev.Fr George Pareman. The key speaker of the session was Dr .Sajna M V (Associate professor Department of Community Medicine Govt Medical College, Thrissur) to 8pm through G-meet platform.



The poster is a vertical rectangular graphic with a dark blue background. At the top left, there is a circular logo for NSS Unit 589 with the text 'UNIT 589' below it. The main title 'Webinar on' is in a yellow box, and 'POST COVID FUNGAL INFECTION' is in a white box below it. A circular portrait of Dr. Sajna M V is on the left. To her right, her name and title are listed. At the bottom, a yellow box contains the date, time, and platform. Social media icons for Instagram and YouTube are at the bottom right.

UNIT 589

Webinar on

POST COVID FUNGAL INFECTION



Dr Sajna M V
Associate Professor
Department of Community
Medicine
Govt Medical College, Thrissur

DATE - 29-05-2021
TIME @ 7 PM
PLATFORM- G MEET

For more Follow us on  

27. WEBINAR ON “COMMIT TO QUIT”

HIGHLIGHTS

The NSS unit 589 of Sahrdaya College Of Engineering and Technology, Kodakara organized a webinar on the topic “COMMIT TO QUIT” on anti tobacco day 31th may 2021 from 6. The session was inaugurated by Dr .Joseph Jeslin . The key speaker of the session was Ms.Deepa Vinay (Managing director at Unblock Buisness Solutions), 30pm to 7.30pm through G-meet platform.



Unit no:589

"Commit to quit" - World
No Tobacco day.

Ms.Deepa Vinay
Managing director at Unblock
business solutions

TIME: 6.30PM
DATE:31/05/21
VENUE:G-MEET

FOR MORE FOLLOW US ON  

28. 3 Day workshop 'RESTORE OUR EARTH'

HIGHLIGHTS

Day 1 WEBINAR- "ECO FRIENDLY SAPLING BAGS"

The NSS unit no.589 of Sahridaya college of Engineering and Technology had conducted a webinar on the topic 'Eco Friendly Sapling Bags' as part of 3 Day workshop "RESTORE OUR EARTH" in association with Inspire India, Moozhikulamshala Nattarivu Padanakalari on 1st June 2021 from 7:00 PM through G-meet platform & live streaming on YouTube. The session was inaugurated by Dr. Ajith Cherian (HOD, Applied Science and Humanities Department, SCET Kodakara) with an inaugural address. The key speaker for the day was Mr. V K Sreedharan (Secretary, Inspire India).

IN ASSOCIATION WITH INSPIRE INDIA,
MOOZHIKULAMSHALA NATTARIVU PADANAKALARI
NSS SAHRDAYA PROUDLY
PRESENTS.....

Unit No.589

അവനിവാഴ്വ് - RESTORE OUR EARTH

DAY -01

പ്രകൃതി സൗഹൃദ
തൈകൂടകൾ

വി കെ ശ്രീധരൻ
സെക്രട്ടറി
ഇൻസ്പയർ ഇന്ത്യ

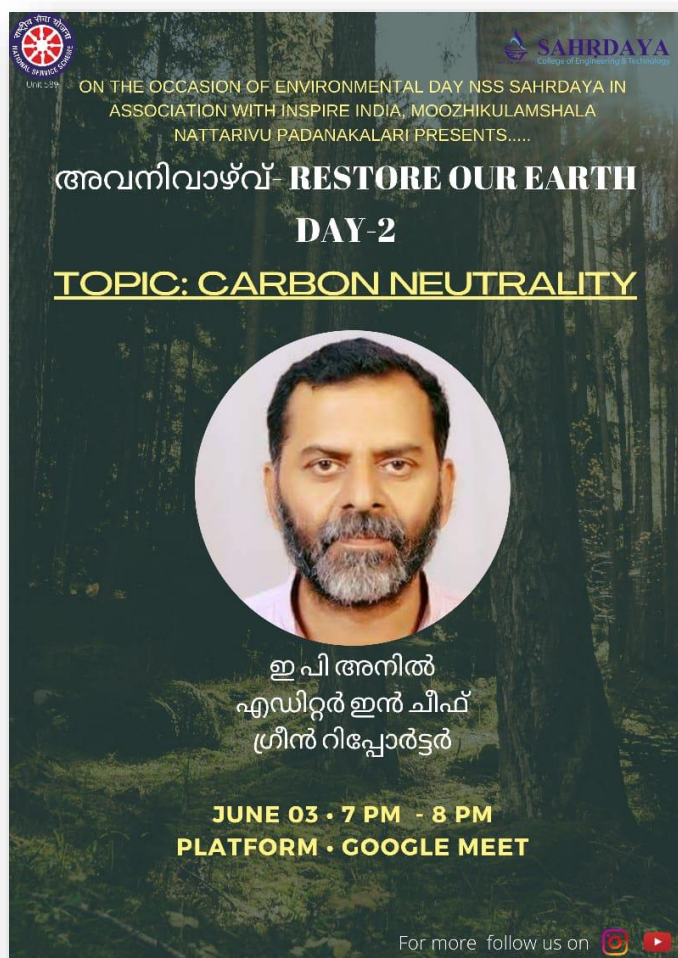
JUNE 01
7:00PM -8:00 PM

FOR MORE FOLLOW US ON

YouTube Instagram

DAY 2 WEBINAR - "CARBON NEUTRALITY"

The NSS unit 589 of Sahrdaya College of Engineering and Technology, Kodakara conducted the day 2 webinar on the topic "Carbon Neutrality" as part of the 3 day workshop series titled "Restore our earth" on 3rd June 2021 from 7pm-8pm through G-meet platform and there was a live streaming through YouTube. The session was inaugurated by Dr P Radhakrishnan (President, Inspire India). The key speaker for the day was Mr E P Anil (Green reporter).





ON THE OCCASION OF ENVIRONMENTAL DAY NSS SAHRDAYA IN ASSOCIATION WITH INSPIRE INDIA, MOOZHIKULAMSHALA NATTARIVU PADANAKALARI PRESENTS.....

അവനിവാഴ്വ് - **RESTORE OUR EARTH**
DAY-2
TOPIC: CARBON NEUTRALITY

ഇ പി അനിൽ
എഡിറ്റർ ഇൻ ചീഫ്
ശ്രീൻ റിപ്പോർട്ടർ

JUNE 03 · 7 PM - 8 PM
PLATFORM · GOOGLE MEET

For more follow us on  

DAY 3 WEBINAR –“EARTH RESTORATION TOOL KIT”

The NSS unit 589 of Sahrdaya college of Engineering and Technology, Kodakara celebrated World Environment Day by live planting of sapling along with day 3 webinar on the topic “Earth Restoration Tool Kit” as a part of series of workshop titled “Restore our Earth” on 5th June 2021 at 3:30 pm through G-meet platform and there live streaming through YouTube. The webinar inaugurated by Rev. FR. George Pareman (Executive Director, SCET Kodakara).

Unit no:589

ON THE OCCASION OF ENVIRONMENTAL DAY NSS
SAHRDAYA IN ASSOCIATION WITH INSPIRE INDIA
MOOZHILAMSHALA NATTARIVU PADANAKALARI
PRESENTS.....

അവനി വാഴ്വ്-RESTORE OUR EARTH



DAY-3

TOPIC: EARTH RESTORATION TOOLKIT

ടി.ആർ. പ്രേംകുമാർ

ഡയറക്ടർ, മുഴിക്കുളം ശാല നാട്ടറിവ് പഠന കളരി.
പ്രകൃതി പാഠങ്ങൾ ,
അതിജീവനം എന്നിവ പുസ്തകങ്ങളാണ്.

JUNE-5 | 3.30-4.30 PM

FOR MORE FOLLOW US ON  

29. WEBINAR ON 'GREEN ENGINEERING'

HIGHLIGHTS

The NSS unit no.589 of Sahrdaya college of Engineering and Technology, had conducted a webinar on the topic 'Green Engineering' on 11th June, 2021 from 6:00 PM through G-meet platform. The session was inaugurated by Dr. Vishnu Rajan (HOD, EC Department, SCET Kodakara). The key speaker for the day was MR. Prasad Somarajan (Managing Director, DAMAC Solutions Pvt.Ltd).

The poster is for a webinar titled 'ഹരിത സാങ്കേതിക വിദ്യ' (Green Engineering). It features the NSS Sahrdaya logo (Unit No. 589) and the Sahrdaya logo. The text reads: 'IN ASSOCIATION WITH INSPIRE INDIA, MOOZHIKULAMSHALA NATTARIVU PADANAKALARI NSS SAHRDAYA PRESENTS'. The main title is in Malayalam: 'ഹരിത സാങ്കേതിക വിദ്യ'. A portrait of Mr. Prasad Somarajan is shown, with his name and title: 'Mr. Prasad Somarajan ENGINEER GREENS MOVEMENT KERALA'. The date and time are 'JUNE 11 6:00 PM'. At the bottom, it says 'FOR MORE FOLLOW US ON' with icons for YouTube and Instagram.

30. WEBINAR ON “VAAYANA VARTHAMAANATHIL”

HIGHLIGHTS

The NSS unit 589 of Sahrdaya College Of Engineering and Technology, Kodakara on occasion of National Reading Day organized a webinar based on the topic “Vaayana Varthamaanathil” on 20th June 2021 from 10am to 11am through G-meet platform.

The webinar commenced with manavageetham by NSS volunteer Gopika.p.p and welcome speech was delivered by Raveena K (NSS volunteer). The session was inaugurated by Fr Chacko Kattuparambil.

The session was coordinated by Vijay C U (NSS Program Officer). Vote of thanks was delivered by Mariya (NSS volunteer) .Webinar winded up with a Q and A session.

The poster is for a webinar titled "വാായന-വർത്തമാനത്തിൽ" (Vaayana Varthamaanathil) presented by NSS Sahrdaya on the occasion of National Reading Day. The speaker is Kavitha K S, an HSSST Malayalam teacher at RMHSS Aloor. The session is scheduled for June 20, 2021, from 10-11 AM. It is inaugurated by Rev Fr Chacko Kattuparambil, Media Director of SCET. The poster includes logos for Sahrdaya College of Engineering & Technology, NSS, and a "STAY HOME" message. Social media icons for Instagram and YouTube are also present.

Unit no:589
ON THE OCCASION OF NATIONAL READING DAY NSS SAHRDAYA
PRESENTS.....

വാായന-വർത്തമാനത്തിൽ

Kavitha K S
HSSST Malayalam
RMHSS Aloor

JUNE 20 | 10-11 AM

SESSION INAUGURATED BY
Rev FR CHACKO KATTUPARAMBIL
MEDIA DIRECTOR SCET

FOR MORE FOLLOW US ON

STAY HOME

31. YOGA DAY- REVIVE VITALITY

HIGHLIGHTS

The NSS unit no.589 of Sahrdaya college of Engineering and Technology had conducted a webinar on the topic 'REVIVE VITALITY' on 21st June 2021 from 7:00 AM through G-meet platform . The session commenced with manavageetham by NSS volunteer Anagha ,followed with welcome speech by Jipin E P (NSS volunteer).The session was inaugurated by Suresh T K (Director, Endziel Yoga Centre Thrissur) with an inaugural address.The key speaker for the day was Mrs T Prabha (Certified yoga instructor and nutritionist).The session was too informative and we performed yoga after realising its relevance. The session was coordinated by Vijay sir (NSS programme officer,SCET,Kodakara) along with the active participation of all NSS volunteers.The event concluded with the vote of thanks by Voytein joy (NSS volunteer).

The poster is for a webinar titled "REVIVE VITALITY" organized by NSS Unit no:589 of Sahrdaya College of Engineering & Technology. It is held on June 21, 2021, from 7-8 AM. The session is inaugurated by Suresh Tk, Director of Endziel Yoga Centre Thrissur. The key speaker is T Prabha, a Certified Yoga Instructor and Nutritionist. The poster features a quote by B.K.S. Iyengar: "Yoga teaches us to cure what need not be endured and endure what cannot be cured." It also includes social media icons for YouTube and Instagram.

Unit no:589

SAHRDAYA
College of Engineering & Technology

ON THE OCCASION OF INTERNATIONAL YOGA DAY NSS SAHRDAYA
PRESENTS....

REVIVE VITALITY

T PRABHA
CERTIFIED YOGA INSTRUCTOR
AND NUTRITIONIST

JUNE 21 | 7-8 AM

SESSION INAUGURATED BY
Suresh Tk
(Director, Endziel Yoga Centre Thrissur)

"Yoga teaches us to cure what need not be endured
and endure what cannot be cured."
B.K.S. Iyengar

FOR MORE FOLLOW US ON  

32. ANTI NARCOTICS DAY – JEEVITHAM THANNE LEHARI

HIGHLIGHTS

The NSS unit no.589 of Sahrdaya college of Engineering and Technology had conducted a webinar on the topic 'ജീവിതം തന്നെ ലഹരി' in collaboration with Anti-Narcotics and Anti-Drug Cell Sahrdaya on 26st June 2021 from 4:00 Pm through G-meet platform . The session commenced with manavageetham by NSS volunteer Varsha, followed with welcome speech by Sharo William Paul (NSS volunteer). The session was inaugurated by prof. Sunny C P (HOD, CE Dept, SCET Kodakara) with an inaugural address. The key speaker for the day was Mr. RAPHAEL M L (Preventive Officer Excise Range Officer, Irinjalakuda) The session was too informative which gave us a clear picture of joyful life without drugs. The session was coordinated by Vijay sir (NSS programme officer, SCET, Kodakara) along with the active participation of all NSS volunteers. The event concluded with the vote of thanks by LIVIN A S (NSS volunteer).

ON THE OCCASION OF INTERNATIONAL DAY AGAINST
DRUG ABUSE AND ILLICIT TRAFFICKING

NSS SAHRDAYA PRESENTS
IN COLLABORATION WITH ANTI-NARCOTICS AND
ANTI-DRUG CELL SAHRDAYA

Unit No. 589

ജീവിതം തന്നെ ലഹരി

 RAPHAEL M L
PREVENTIVE OFFICER
EXCISE RANGE OFFICER
IRINJALAKUDA

 **JUNE 26**
4:00 PM 

SESSION INAUGURATED BY
Prof. SUNNY C P
HOD
CIVIL ENGINEERING 

FOR MORE FOLLOW US ON  

33. 2021 Earth overshoot day

HIGHLIGHTS

DAY 1 - "TERRITORY OF LAND DAILY THOUGHTS" 26/07/2021

The NSS unit 589 of Sahrdaya College of Engineering and Technology, Kodakara along with Moozhikulam Shala Nattarivu PadanaKalari and Green Report Channel had conducted a 9 day webinar series related to “Earth Overshoot Day 2021” through G-meet platform. The 1st day of the session was handled by Mr. E.P Anil (Editor in Chief, Green Reporter Channel) on the topic "Territory of Land Daily Thoughts". The session was too informative and gave new thoughts regarding land territory that, we all belong to the land but, the land doesn't belong to us, keeping in mind that, our role is as stewards for coming generation. The webinar conclude with a Q&A session. Active participation of all volunteers were seen throughout the session.

DAY 2 WEBINAR ON “CARBON NEUTRAL -MEENANGADI”

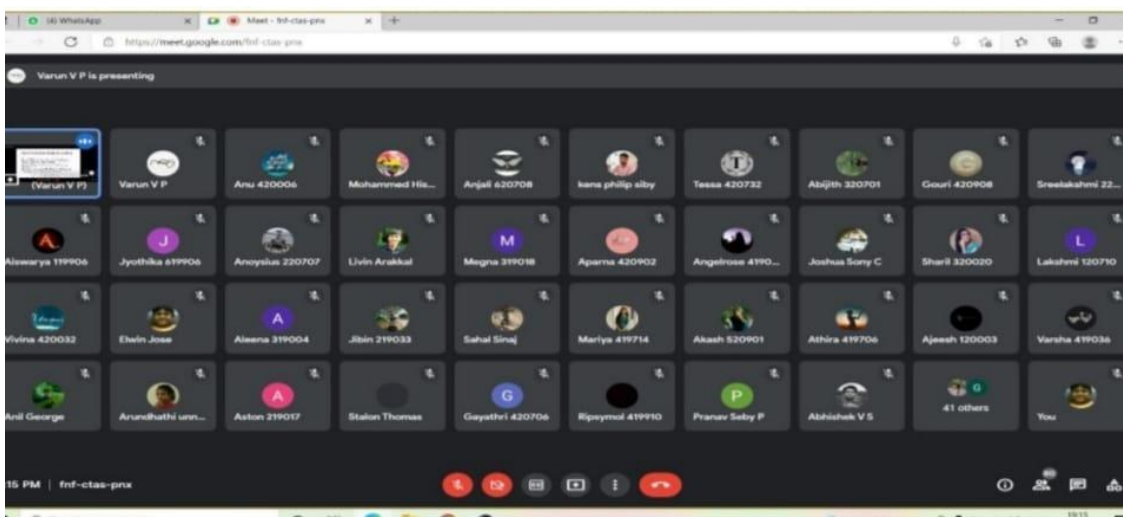
The NSS unit No 589 of Sahrdaya College of Engineering and Technology, Kodakara along with Green report channel and Moozhikulam shala Nattarivu padanakalari conducted a 9 day webinar in association with 2021 Earth Overshoot day - July 29. The 2nd day was held on 27th July 2021. The session was on the topic “CARBON NEUTRAL-MEENANGADI”. The key speaker for the day was Mr. Raju S (Assistant Director , Thanal , Thiruvananthapuram). The speaker shared how Meenangadi panchayat acquired carbon neutrality. As the district was highly vulnerable to the adverse effects of climate change, carbon-neutral development became essential for its people and the environment. Therefore, Meenangadi Panchayat in Wayanad was selected as a model carbon-neutral panchayat for Wayanad district and the rest of the country to follow and also discussed how to achieve carbon neutral in our society. There was an active participation from all the participants throughout the session and the webinar was winded up after a Q & A session.





DAY 3 - KNOWLEDGE ABOUT WORLD- 28/07/2021

The NSS unit 589 of Sahridaya College of Engineering and Technology, Kodakara accompanying with Moozhikulam Shala Nattarivu PadanaKalari and Green Report Channel celebrated conducted series of webinar related to “Earth Overshoot Day” through G-meet platform. On 3rd day the session held by Dr M P Mathai ,Chairperson of Nattarivu padanakalari on the topic “Knowledge about World”. Throughout session the speaker give a clear idea about how to have sustainable life. Along with that he has shared so many techniques to keep a better world for present and coming generation. And he added some methods like home gardening, water harvesting etc... to restore our earth from present scenario. Active participation from all participants are seen throughout and webinar winded up with a Q and A session.



DAY 4 - ‘GREEN AUDITING ‘- 29/07/2021

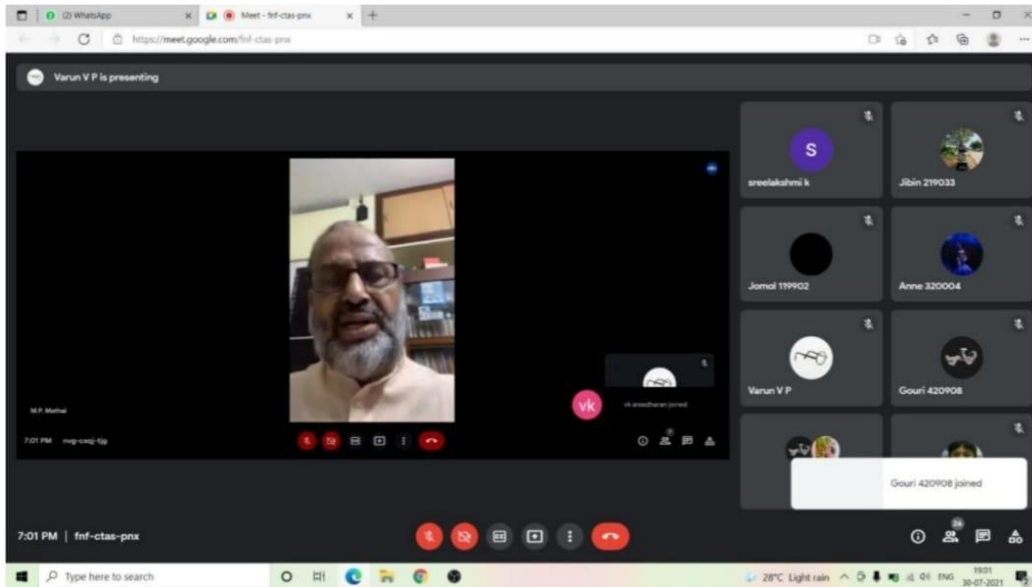
The NSS unit 589 of Sahridaya College of Engineering and Technology, Kodakara accompanying with Moozhikulam Shala Nattarivu PadanaKalari and Green

Report Channel celebrated conducted series of webinar related to “Earth Overshoot Day” through G-meet platform. 4 th day the session was held by Dr Sabu ,Director of centre for environment and development on the topic “ green auditing ”. Throughout the session, speaker gave a clear idea about green auditing and its importance in analysis of components of environmental diversity of various establishments. Along with that he has shared so many techniques to lay down an environment management plan and also successfully conducting a green audit. Active participation from all participants was seen throughout the webinar and it wined up with a Q and A session.



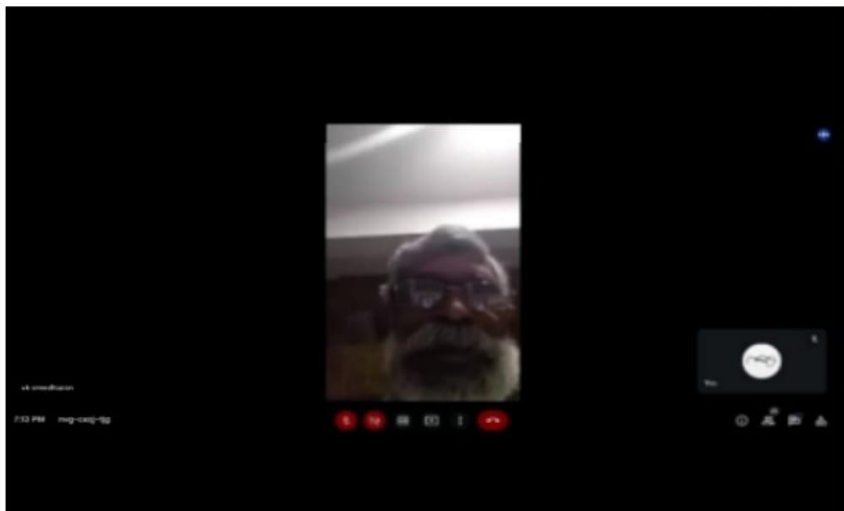
DAY 5 WEBINAR ON “ഭക്ഷ്യ ദൂരങ്ങൾ, രൂചിഅധിനിവേഷങ്ങൾ”.

The 5th day of the session was held by T R Prem Kumar, Director of Nattarivu padanakalari on the topic “ഭക്ഷ്യ ദൂരങ്ങൾ, രൂചിഅധിനിവേഷങ്ങൾ “. From the class we got a clear idea that reducing global meat consumption and replacing these calories through a vegetarian diet will definitely decrease emission of methane gas. He also urged to avoid food waste which make up a larger part of our diet are also those with lower Footprints. Many crops and livestock feeds often travel long distances before reaching consumers, this should be minimised. He also added that the nutritious value of food has diminished, with empty calories becoming the cheapest and most-readily available food, fueling obesity and other non-communicable diseases. Consuming predominantly unprocessed plant-based foods boosts the low-carbon, health-nurturing cycle between humans and Earth. By the end of the class we took a decision to be a smarter shopper and reduce food waste and try vegetarian recipe. Active participation from all participants are seen throughout and webinar wined up with a Q and A session.



DAY6- CULTIVATIONANDFOOTPRINTS

Nss unit No 589 of Sahardaya College of Engineering and Technology, kodakara along with Green report channel and Moozhikulamshala Nattarivu padanakalari conducted a 9 day webinar in association with 2021 Earth Overshootday-July29. The 6th day was held on 31 July 2021. The session was on the topic "CULTIVATIONANDFOOTPRINTS". The key speaker for the day was Mr.V K Sreedharan (Coursedirector,Nattarivupadanakalari). The speaker shared his knowledge about cultivation. Webinar gave a clear view about the importance of cultivation. Webinar winded up with a Q and A session. An active participation from all the participants was seen throughout the session.



DAY-7- BHUTANEXPERIENCE.

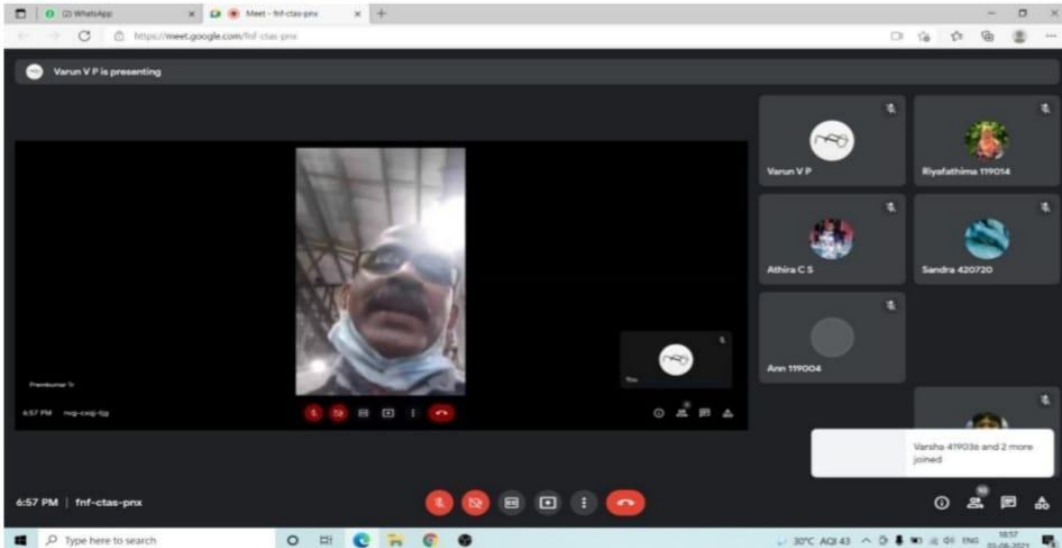
Nss unit No 589 of Sahardaya College of engineering and technology, kodakara along with Green report channel and Moozhikulam shala Nattarivu padanakalari

conducted a 9 day webinar in association with 2021 Earth Overshootday-July29. The 7th day was held on 1 August 2021. The session was on the topic Bhutan experience. The key speaker for the day was Mr.Madhupal (Artist,FilmDirector,Thiruvananthapuram). The speaker shared his knowledge about Bhutan with everyone and why Bhutan is known for its natural beauty forest conservation National happiness a great culture and heritage. The session was too informative. The event concluded with a Q and A session.



DAY 8- CARBON NEUTRAL CONSTRUCTION PRACTICES

The NSS unit 589 of Sahrdaya College of Engineering and Technology, Kodakara accompanying with Moozhikulam Shala Nattarivu PadanaKalari and Green Report Channel celebrated conducted series of webinar related to “Earth Overshoot Day” through G-meet platform. On 8th day the session held by Mr. Prasad Somarajan (Engineer, Green Constructions, Thiruvananthapuram) on the topic “Carbon Neutral Construction ”. Throughout session the speaker give a clear idea about what is carbon neutral construction and its practices. A carbon neutral building is defined as one with significantly reduced energy consumption combined with the increased use of low carbon energy sources to meet the remaining demand. Along with that speaker has shared information about the different ways to make the constructions carbon neutral and to decrease carbon footprint during the construction of buildings. Active participation from all participants were seen throughout and webinar winded up with a Q and A session.



DAY 9 – ECOLOGICAL FOOTPRINT PRACTICES

The NSS unit 589 of Sahrdaya College of Engineering and Technology, Kodakara accompanying with Moozhikulam Shala Nattarivu PadanaKalari and Green Report Channel celebrated conducted series of webinar related to “Earth Overshoot Day” through G-meet platform. On 9th day the session held by Dr. Joisy Jose (Assistant Professor of zoology department of St Thomas Collage, Thrissur) on the topic “Ecological Footprint Practices”. Throughout session the speaker give a clear idea about what is ecological footprint and its practices. Ecological footprint means it is the impact of human activities measured in terms of the area of biologically productive land and water required to produce the good consumed and assimilated the waste generated . Along with that speaker has shared so many techniques to reduce the ecological footprint and the methods include reducing of waste generation, improve the recycle mechanisms, switch to renewable energy resources etc.... Active participation from all participants are seen throughout and webinar winded up with a Q and A session.

